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DECLARATION

- We will answer your questions in the question time, $\underline{\text{NOT}}$ in the chat, so that you can focus on the presentation (but questions are welcome in the chat)
- We will have 3 short breaks today
- We will $\underline{\textbf{NOT}}$ record the video session
- Please do $\underline{\textbf{NOT}}$ record this training and share publicly
- Slides are available as PDF => https://www.accelting.com/ggir-training/

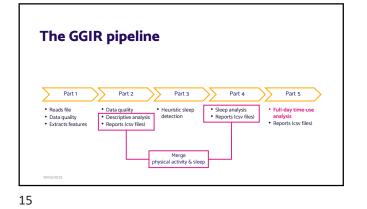
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Assignment 4 (build on assignment 3 script) Download sleeplog: ht 1. Run GGIR parts 3 and 4 again using:

- Reported sleeplog information:
- Download sleeplog:
- Tip 1: make sure the ID in the sleeplog matches the ID in the GGIR output datasets
- Tip 2: have a look at the idloc argument to facilitate the matching
 Tip 3: do you already have part 3 and 4 data from a previous run? You might need to overwrite your milestone data



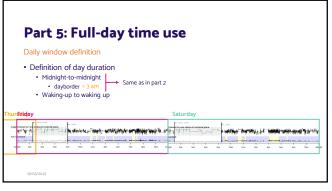


Part 5: Full-day time use

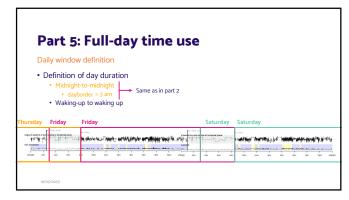
What it does

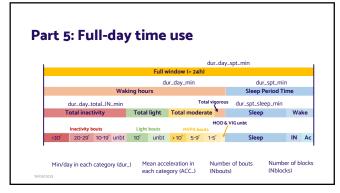
- Loads imputed acceleration data from part 2
- Loads sleep information from part 4 (SPT windows)
- Re-calculate variables based on the merged data (split by SPT & waking hours)
- Part 5 reports includes:
- Daytime variables: physical activity intensities, inactivity
 Nighttime variables: sleep indicators

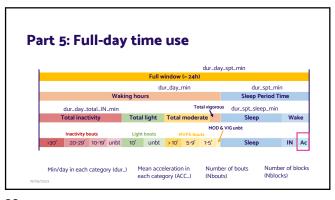
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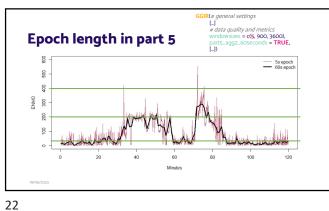
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IR(# general settings [_] # data quality and metrics windowsizes = cl5, 900, 3600), Coeconds = TRUE, Epoch length in part 5 part [...]) 600 5s epoch 60s epoch 500 400 Sedentary / Inactivity 00:59:45 00:60:0 Light PA 00:46:35 00:51:00 ENMO 300 Moderate PA 00:13:10 00:09:00 002 00:00:30 00:00:00 Vigorous PA Total 02:00:00 02:00:00 100 www. - Although 19 60 100 20 40 80 120 Minutes

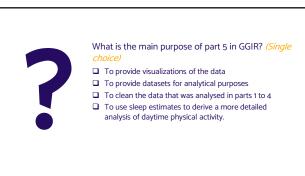
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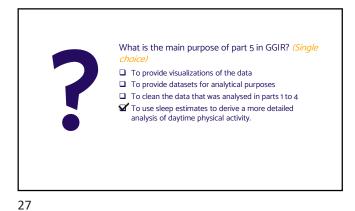


New variables (not in part 2)

- Inactivity
- Light physical activity
- Moderate physical activity
- Vigorous physical activity
- Bouts of inactivity and light physical activity



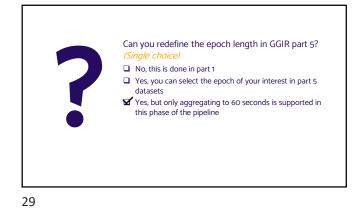




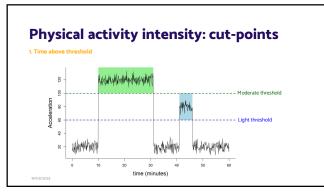


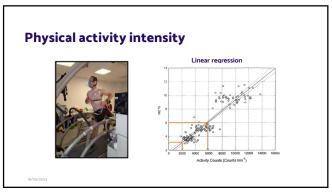
Can you redefine the epoch length in GGIR part 5? (Single choice)

- No, this is done in part 1
- Yes, you can select the epoch of your interest in part 5 datasets
- Yes, but only aggregating to 60 seconds is supported in this phase of the pipeline









Part 2 and 5: Time spent in MVPA

- Traditionally threshold based => not perfect, but 'easy'
- Energy expenditure estimation should account for:
 - Body acceleration
 - Body weight (+ composition if possible)
 - Activity type
- · Hundreds of publications tried to do better than threshold method, but remains difficult

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Why do we want to detect bouts

- Indicator of time spent in activities involving aerobic energy metabolism
- · Consistent with historical self-report data
- To aid studying of fragmentation of behaviour

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Defining what a bout/sojourn is

- 1. What should the cut-point be?
- 2. What should the epoch length be?
- 3. What should minimum duration of bout (sojourn) be?
- 4. Should we allow for gaps in a bout (sojourn)?
- 5. Should this be a percentage of the bout duration, an absolute minimum in seconds, or both?
- 6. Are bout gaps counted towards the time spent in bouts?
- 7. Do the first and last epoch need to meet the threshold criteria?
- 8. In what order are the bouts extracted?
- 9. How many bout categories should there be?

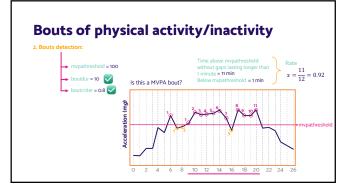
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30

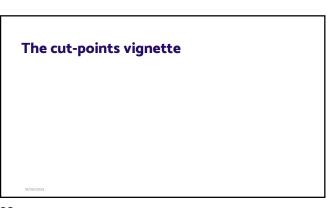
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Implementation in GGIR

User decides on:

- Creating off.
 Acceleration thresholds for light, moderate, and vigorous intensity
 Fraction of time for which cut-point criteria need to be met (light, inactive, MVPA)
 Bout duration ranges, e.g. [1, 5] (5, 10) and [10, ∞) minutes
- Epoch length
- User does NOT decide on:
- Maximum bout gap of 1 minute
 First and last epoch need to meet cut-point criteria
 Number of intensity levels, which are always inactive, light and MVPA
 Order in which bouts are calculated (1 MVPA):2 inactive; 3 Light)
 Default code for detecting bout: https://diubi.com/wadpsc//GBR/bho/master/B/n orbbut R_-> when <u>A/blob/master/R/g.getbout.R</u> -> where bout.metric = 6





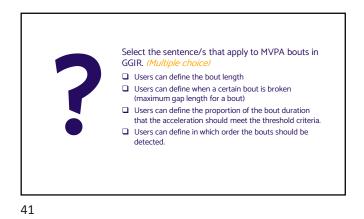
Why does GGIR facilitates bout detection?

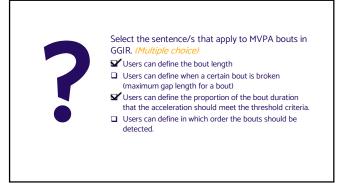
- Guidelines mainly based:
 - 1-min epochData from hip-worn sensors
 - ... but bouts might be useful for:
 - 5-s epochs
 Data from wrist-worn sensors to smooth out spontaneous movements
- Guidelines based on:
 Specific health outcomes
- but bouts might be relevant for:
 health outcomes not covered by current research
 Bouts might be useful to investigate fragmentation of behavior
- We aim to be neutral in the discussion and try to facilitate all approaches

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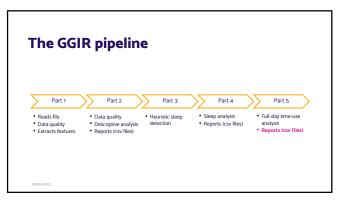


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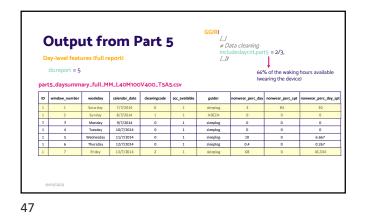




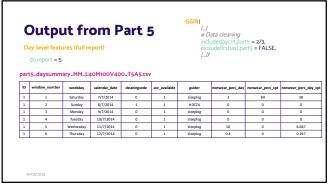


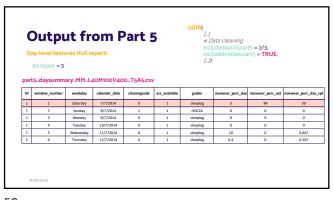


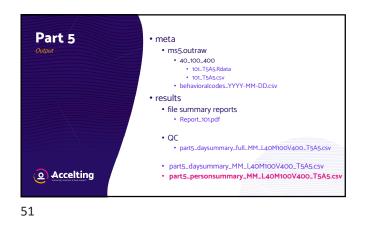




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1	2	Sunday	8/7/2014	1	1	HDCZA	0	0	0
	3	Monday	9/7/2014	0	1	sleeplog	0	0	0
1		Tuesday	10/7/2014	0	1	sleeplog	0	0	0
1	4				1	sleeplog	10	0	6.667
	4	Wednesday	11/7/2014	0	1				
1		Wednesday Thursday	11/7/2014 12/7/2014	0	1	sleeplog	0.4	0	0.267





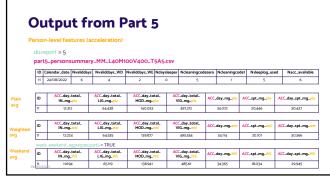


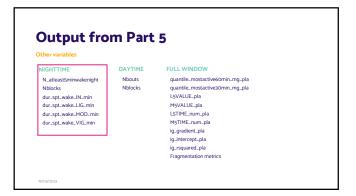
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	11	0	341.22	9	231.146	47.5	0.167		4.208	2.771	75.083	0.396

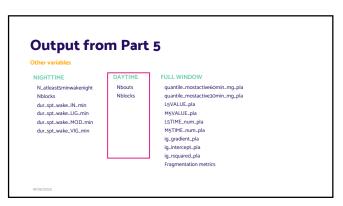
Output from Part 5 Person-level features (acceleration) do.report = 5 part5_personsu mmary MM 140M100V400 T545 cs
 ID
 Calendar.date
 Nvaliddays
 Nvaliddays.WD
 Nvaliddays.WE
 Nday

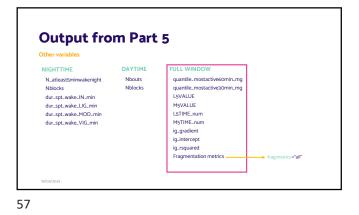
 11
 24/08/2022
 6
 4
 2
 CC_day_total IN_mg_pla CC_day_total. LIG_mg_pla ACC_day_total_ MOD_mg_pla CC_day_total_ VIG_mg_pla 1D 11 ACC_day_mg_pl ACC_spt_mg_ ACC_day_spt_mg_pla Plain avg 64.438 34.0 ACC_day_total IN_mg_wei 12.224 ACC_day_total. LIG_mg_wei 64.535 ACC_day_total MOD_mg_wci 139.877 ACC_day_total. VIG_mg_wei 495.554 ID C_spt_mg. .day_spt_mg_wei 34.114 20.101 30.366 ID IN_mg_WD ACC_day_tota LIG_mg_WD 65.119 ACC_day_to MOD_mg. VIG_mg_\ _day_mg_ C_spt_mg_\ C_day_spt_mg_V 34.36 18.034 29.94

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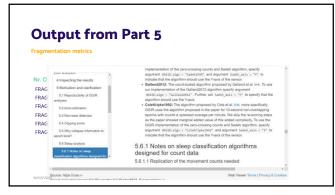


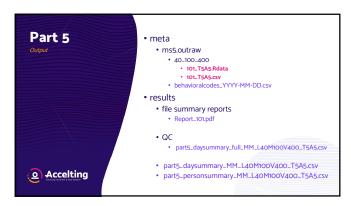


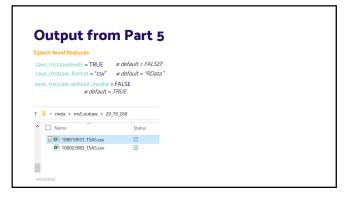
Output from Part 5

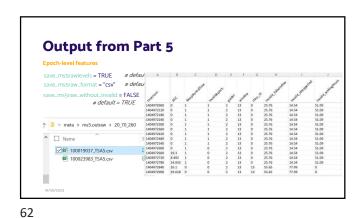
Frag	men	tatio	n met	rics

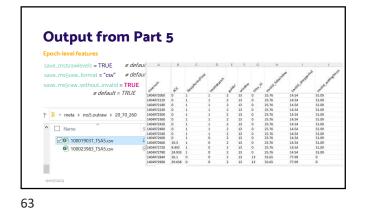
Nr. Of fragments	Transition probability	Mean duration	Indice
FRAG_Nfrag_IN_day	FRAG_TP_PA2IN_day	FRAG_mean_dur_IN_day	Gini
FRAG_Nfrag_LIPA_day	FRAG_TP_IN2PA_day	FRAG_mean_dur_LIPA_day	CoV
FRAG_Nfrag_MVPA_day	FRAG_TP_IN2LIPA_day	FRAG_mean_dur_MVPA_day	Alpha
FRAG_Nfrag_PA_day	FRAG_TP_IN2MVPA_day	FRAG_mean_dur_PA_day	-
FRAG_Nfrag_IN2LIPA_day			
FRAG_Nfrag_IN2MVPA_day			

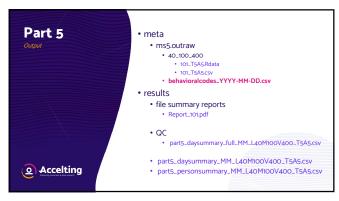


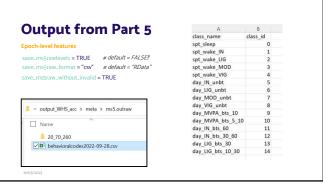


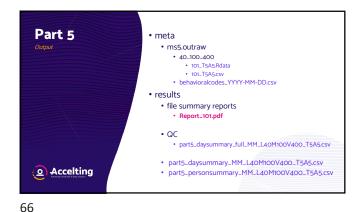


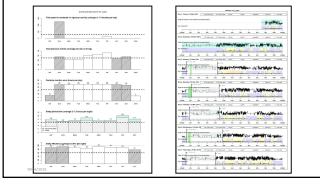


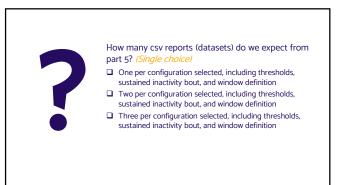
















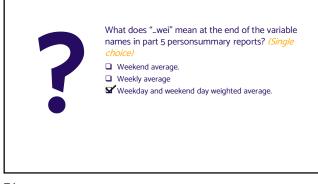
What does "_wei" mean at the end of the variable names in part 5 personsummary reports? (*Single choice*)

Weekend average.

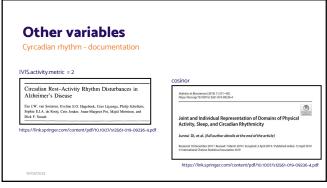
Weekly average

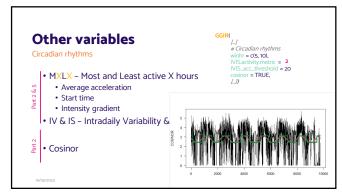
Weekday and weekend day weighted average.

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Insert Web Page
This app allows you to insert secure web pages starting with https://into the slide deck. Non-secure web pages are not supported for security reasons.
Please enter the URL below.
https:// cran.r.project.org/web/packages/GG/R/vignettes/GG/R htmi#510_Circadian_Rhythm_analyses
Note: Many popular websites allow secure access. Please click on the preview button to ensure the web page is accessable.
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The GGIR pipeline (output folder)





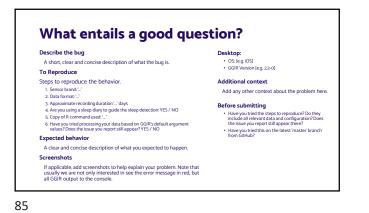


Where and How to find help 1. GGIR function documentation 2. GGIR vignettes https://groups.google.com/g/RpackageGGIR 3. Google group = ដ Grupos Q. Conversaciones = 0 ۲ Nueva conver ☆ R package GGIR JE Mis propos © Grupos recientes D2 Grupos favoritos Welcome, This geogle group General advise: When you ask a question in this group always try to create a minimalistic example that some investigate your problem. Indications on how to eak good questions on spen source software can be found. C I menugake yan analam menu Conversaciones de 29 sept 2 28 sept 2 23 sept 2 23 sept 2 23 sept 2 iglein.... , ben, i LA, Vincent van H

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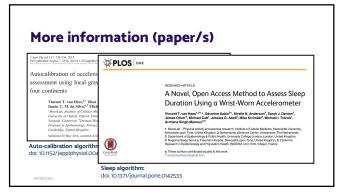
Where and How to find help 1. GGIR function documentation https://github.com/wadpac/GGIR/ 2. GGIR vignettes e • **0 •** * 3. Google group C Seath or Pull requests losses Marketplace Explore d ++ @+ 4. Github issues Www.wadpac/GGIR Q LEEPIN - @ Mark 16 - Y Fork 18 - 🔹 Saved 162 O Code 💿 Issues (8) 🗈 Pull ⊙ Actions 🗄 Projects 🖾 milli 🔍 Security 🗠 Insights 😣 Settings Quiels 9 QMintees 9 Nevince Nites - Q, isisset is nem ⊙ 16 Open - 410 Closed Tidy up timestamp handling functions (mbasewer) FIUT spend 2 days are in aircraftendar-O Migrate gavesread from GGIR to GGIRread (1986) C troor in [c- (*tag*, i, 1, value = nightsummary.tmp5ID[1]) : subscript o POT scend folge as to (=Numberson 2 O Improve embediding of step detection

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Journal for the Measurement of Physical Behavio https://doi.org/10.1103/syst.2018-0080 0.2019 Haman Kindica, Inc.	uar, 2019, 2, 188-196	Hume	n Kinetics 🛛		
GGIR: A Research Community-Driven Open Source R Package for Generating Physical Activity and Sleep Outcomes From Multi-Day Raw Accelerometer Data					
PROFITH Research Group, University	of Granada University of Leices	ter and NIHR Biomedical Rese	arch Centre		
Florian Huber Netherlands eScience Cent	er Insem	Séverine Sabia n, University College London			
	Vincent T. van Hees Netherlands eScience Center				







Contribute by...

Doing research on algorithms or evaluating GGIR functionalities 1. Help improve imputation methods for epoch-level data 2.Optimize and evaluate:

- 1. HorAngle algorithm for sleep period time definition
- 2. Sleep detection in children and preschoolers
- 3. Implementation of the Sadeh and the Cole-Kripke sleep algorithms

3. Help develop new functionality

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